

**Hanne Marquardt**  
**Reflexotherapy of the Feet**

**Course Level 1 (4 days)**

Enables you to perform a sound basic treatment and treatment series according to the individual reactions and needs of the patient

**Curriculum:**

- The Principle of Similarity of Shape
- Topography of Zones
- Grip Techniques
- Indications - Contraindications
- Reactions and Dosage
- Assessment and Documentation
- Acute Treatment
- Structure of individual treatment
- History of RTF

Detailed handouts and coloured charts of the Reflex Zones of the Feet included



In this hands-on course we will have many practical units to practice grip techniques and train tactile perception.



**Reflexotherapy of the Feet (RTF)** is a precise form of treatment that has developed over many years from an empiric method to an exact form of manual therapy. The inscription on the Logo "Hominis imago in pedibus" meaning: The image of man in the feet refers to the similarity of shape of a standing foot and a sitting person.

**Outlook Advanced Courses:**

**Course 2:**

- Bimanual treatment
- RTF treatment of scars
- Zones of the face, teeth and correlations with the whole body
- Zones of ligaments and tendons of the pelvic
- Eutonic grips to tonus regulation

**Course 3:**

- Special technique to treat the lymphatic system in the zones of the feet
- connection between RTF and Meridians
- more harmonizing grips
- overview of the zones of the hand
- series of treatments applying the knowledge of the content of all 3 courses

Between the courses we recommend several months to practice the course contents and record treatment documentations

**Course 4 plus Exam:**

- 2 days refresher and preparation course followed by oral and practical exam
- written documentation, handed in previous to the course

**International School  
of  
Reflexotherapy  
of the Feet  
Hanne Marquardt**

**Authorized  
First Professional Course  
in Canada**

**REFLEXOTHERAPY  
OF THE FEET**



**Sept. 9 -12, 2010**  
**Hanne Marquardt will  
be present in this  
course**

**St. Jacobs, ON  
Canada**

## Hanne Marquardt Reflexotherapy of the Feet

"Our motivation for RTF-  
Courses:

To offer a truly holistic approach in treating our patients at a high professional standard. In over 50 years RTF has developed into a versatile and adaptable therapeutic tool which we apply with dedication and joy. "

### Prerequisites:

Medical-therapeutic  
Professionals

e.g.:

Reg. Massage Therapists  
Reg. Physiotherapists  
Reg. Nurses  
Reg. Occupational Therapists  
Reg. Speech Therapists  
Chiropractors  
Physicians  
Naturopaths  
Midwives  
Podologists

Please send or fax a copy of  
your Diploma and Registration  
when you register for the  
course.



## International School of Reflexotherapy of the Feet

Hanne Marquardt

Teachers in Canada

With 57 years of experience in the med-therapeutic field and 50 years of experience in Foot Reflexology, **Hanne Marquardt** has trained a great number of therapists over 40 years.

In that time she has created many new aspects in Reflexology and has discovered a surprisingly simple "key" to understanding the connection between the patient and his/her reflecting areas on the feet. Today the main school in Germany has over 15 authorized branch schools internationally.



For 20 years **Fons Veraart** has been working in his own clinic for Physiotherapy and Reflexotherapy of the feet.

He took his first course with Hanne Marquardt in 1982. He continued and finished the teacher's training and today works closely together with Hanne.

Fons led courses in Europe, Australia, Armenia and was involved in setting up schools in Berlin, Dresden as well as Eriwan/Armenia. In 1985 he started the schools in the Rhineland and Benelux, the latter he still runs today.



While working as a Physiotherapist in Germany before she moved to Canada in 1997, **Gabi Domes-Giebel** took her first RTF course in 1992 with Hanne Marquardt. Since 2006 Gabi is assisting Hanne with the Canadian Study Days. As an assistant Teacher of Reflexotherapy of the Feet she teaches the Courses I for professionals in Canada together with Hanne as well as Fons.



### Registration

Payment method (please check one)

\_\_\_\_\_ Cheque  
\_\_\_\_\_ Money order

Please enter the following  
information:

Name \_\_\_\_\_

Signature \_\_\_\_\_

Register by mail:

Gabi Domes-Giebel  
1109 Printery Road  
St. Jacobs, ON  
Canada N0B 2N0

Register by email or phone/fax:

e-mail: [gadogi@rogers.com](mailto:gadogi@rogers.com)

phone/fax: 519 206 1109

### Location:

St. Jacobs, ON  
exact location to be announced



### Date:

Sept. 9 - 12, 2010



### Time:

9:00 a.m. to 6:00 p.m.

### Cost :

\$ 690  
(includes \$50 non refundable  
deposit)

