



# Hanne Marquardt Study Days 1 & 2 Reflexotherapy of the Feet (RTF)



NSARP is pleased to be welcoming back world renowned  
Foot Reflexotherapist **Hanne Marquardt**

**Friday, September 25 to Sunday, September 27**

At the Meadowview Community Hall  
Kentville, Nova Scotia, Canada

## **Study Day 1**

**Friday 9am to 6pm/Saturday 9am to 1pm**

- ~History & theory of RTF
- ~Connections between Macro & Micro systems
- ~Theory, demonstration and practice of grips to stabilize the ANS
- ~Palpation & how to find appropriate dosage for treatment
- ~The Marquardt techniques and their rationale
- ~Treatment reactions and how to deal with them
- ~Theory, emotional potential, demonstration & practice of treatment of scars in RTF
- ~Questions and answers to personal treatment reactions

**Study Day 2** (pre-requisite: Study Day 1)

**Saturday 5:00pm to 9:00pm/Sunday 9am to 6pm**

- ~Deepening the RTF technique for better results
- ~Tonification & Sedation-chronic and acute
- ~Basics on the Lymphatic System
- ~Reflex Zones of Sphincters- their importance and effects
- ~Various RTF Treatments for knee problems
- ~Treatment of the ileocecal valve for balancing emotional conditions
- ~Practical demonstration of Eutonic grips for equalizing tonus throughout the body

*\*\*Hanne's booklets, book, and charts will be available for cash only purchase*

## **Cost for each Study Day**

NSARP members \$ 250

Non-members \$ 270

Special for repeating Study Day 1 before continuing with Study Day 2 only for participants from Study Day 1 from May 2008 \$425 (space permitting)

*Includes all snacks & liquid refreshments and detailed handouts. Lunch will be on your own*

With more than 50 years of extensive experience in the med-therapeutic field and foot Reflexology profession, Hanne is one of the world's most experienced and respected Reflexology Therapists. A student of Eunice Ingham, Hanne has further developed and refined the practice of Reflexology. She has founded 16 International schools for med-therapeutic professionals and has trained thousands of students. Whether you are a practicing or non-practicing Reflexology Therapist, working in a medical or other therapeutic profession, a student or an enthusiast, Hanne's special teaching and profound wisdom will challenge and inspire you.

## **TO REGISTER**

Please send the following information and a cheque or money order payable in CDN funds only to: NSARP  
PO Box 224, Centreville, NS B0P 1J0 Canada

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

EMAIL: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

Are you able to bring a treatment chair\_ or table\_

**Deadline for Registration is August 28, 2009**

*Cancellation fee of \$50 will be applied prior to August 28th, with no refund available after this date*

**Space is limited, avoid disappointment and reserve yours today**

## Other Important Information

### Directions

Coming from Halifax:

Exit HWY 101 at exit # 11, New Minas. Turn right at the bottom of the ramp. Go straight through the lights and down the hill to a second set of lights. Turn left at those lights onto Hwy 1 for approximately 2 km. As you come into the downtown core of Kentville you will be forced into a right hand turn at Cornwallis Street. (All the streets in the core are 1 way streets) Stay in the right lane and go over the green bridge. Get into the turning lane on the left at the lights. Turn left onto Brooklyn Street. Travel approximately 2 km. The Meadowview Community Hall will be on your left. It is a large white building with playground equipment outside.

Coming from the west:

Exit HWY 101 at exit #14, Coldbrook. Turn left at the bottom of the ramp onto Hwy 1. You will pass under the 101, straight through a set of lights and travel several km to come into Kentville. At the Ultramar gas station the road will veer to the right and shortly after this turn into a 1 way. Once into the downtown core, get into the left hand lane and pass straight through the lights. Just ahead the road will force you to turn left onto Cornwallis Street. Merge into the right lane and then follow the directions above.

### Accommodations for out of town participants

Allen's Motel	902-678-2683	<a href="http://www.allensmotel.ns.ca">www.allensmotel.ns.ca</a>
Grand Street Inn	902-679-1991 or 877-245-4744	<a href="mailto:grandstreetinn@eastlink.ca">grandstreetinn@eastlink.ca</a>
Sun Valley Motel	902-678-7368 or 800-649-7955	<a href="http://www.svmotel.com">www.svmotel.com</a>
Wandlyn Inn	902-678-8311 or 800-561-0000	<a href="http://www.wandlyninns.com">www.wandlyninns.com</a>
Wickwire House	902-679-1188 or 877-679-1188	<a href="http://www.the-wickwire.ca">www.the-wickwire.ca</a>

### Options for lunch

The Community Hall does have a full kitchen that we will have access to if you would like to bring your own lunch

In Kentville, within an easy 5 minute drive:

Café Central  
Designer Café  
Patty's Pub  
Rosie's  
Save Easy  
The Kings Arms Pub  
The Stone Room  
Tim Horton's

Within a ten minute drive into New Minas:

Several Chinese restaurants  
Several family style restaurants  
The Cobblestone Café  
Several pizza places  
Fast food: Burger King, A & W, McDonald's,  
Dairy Queen, Subway, Greco's, Mr Sub,  
Superstore & Sobeys